

Faith Talk

Trinity Canadian Reformed Church

Worshiping Sundays 9 am and 3 pm, 2553 Binbrook Rd E

Go to church? Why?

by Murray Foekens

Life today has become very fast paced. With all the demands placed on us, we hardly have time to eat a proper meal. Just as the physical body continually needs food, the spiritual body also needs a continual supply of nourishment. This week's "Faith talk" looks at the question, "Why go to church?"

In the hustle and bustle of life today, people may be inclined to neglect the needs of their spiritual side and forget about God and their need for a savior. By going to church we learn more about God and what he has done for us. We learn from his word, the Bible, that he sent his Son into the world to die on the cross for our sins.

When we go to church on a regular basis we are also encouraged by meeting with other people who hold to the same beliefs. We praise God for what he has done and what he continues to do for us. Together with other believers, we worship by singing about God and praying to him. When we go to church we are also helping those in financial need by contributing to the collection.

We read in John 20: 19 - 31 that after his resurrection Jesus met with the disciples while the disciples were together in the evening of the first day of the week. Church has been called the "Lord's house", so when we go to church we are meeting with God in his house. By going to church and hearing God's word, singing his praises and praying to him together with other people, our spiritual side is fed. And, as God nourishes our spiritual side, our outlook on life will change and we will be able to handle the stress of the hustle and bustle of today's busy life.

Murray Foekens is a member of Trinity Canadian Reformed Church.

<http://www.trinitycanrc.org>

Contact us at faithtalk@trinitycanrc.org