

Faith Talk

Trinity Canadian Reformed Church

Worshipping Sundays 9 am and 3 pm, 2553 Binbrook Rd E

Labour Day
by Henri Gelms

Labour Day is a holiday observed throughout Canada on the first Monday in September. It is to honor the working class. This year it falls on September the 6th and some of us may reflect on the memories this summer has brought. Others may use it as a getaway weekend before going back to school. The Bible also recognizes the importance of holidays. God provided holidays for his people in the Old Testament times. Every 7th year the people of Israel were given a whole year off. They were not to sow or harvest. They had to put their faith in God that he would provide for them as he had promised.

God has set aside one day per week so that his people can rest and worship Him. God knows that we need to rest from our daily work. Family time is very important. Work can be stressful and often it gives us many problems to solve. God wants his people to have a break from everyday troubles and concerns.

One day out of seven days, God provides a day of rest for his people from our daily tasks. This day we devote to Him. God makes the crops grow, he provides the rain and sun, and he gives us material wealth from the work that we do. As the crops grow, so faith grows in us when we trust our Father in Heaven. Faith gives us a thankful attitude towards God for everything that he provides in our lives. Our work will be there the next day. God knows that we are human and cannot work all the time. Sin pulls us apart. We need a healthy balance of working and family time. God has provided this already from the beginning of the world. Just read Leviticus 25 in the Old Testament.

This labour day we can reflect on our responsibility to lead Christian lives of thankfulness to our God. To be thankful, we must have faith in our Father and Creator. Faith gives us the ability to enjoy our holidays and carry on with our work the next day.

Henri Gelms is a member of Trinity Canadian Reformed Church.

<http://www.trinitycanrc.org>

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