



# Faith Talk

*Trinity Canadian Reformed Church*

*Worshiping Sundays 9 am and 3 pm, 2553 Binbrook Rd E*

## Labour Day

by Derek Lanting

Labour Day today means a day off for Canadians -- as one of Ontario's eight legislated days off, only the enticement of double or triple pay is enough to bring workers to even consider the familiar trip to work. Though Labour Day has union roots, the day is now celebrated by all workers and their families. Most engage in activities that have very little in common with labour! There are also other days that should also be labour-free -- the seventh day. God says, "on it you shall not work" (Exodus 20:10).

Why do we relish the thought of a day off? Or differently stated, why do we dislike work so much? Gen 3 explains that when man fell into sin God's punishment was that "by the sweat of your brow you will eat your food" (3:19) -- punishment. Work became difficult, and so not working makes us feel that we are escaping from punishment.

However, work is also necessary and rewarding. We are commanded by God to use to the talents and abilities He has given to us. Rest and vacations are also important and are a blessing received from the Lord. As you spend time with your family this Labour Day, thank Him for everything.

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