



Faith Talk

Trinity Canadian Reformed Church

Worshiping Sundays 9 am and 3 pm, 2553 Binbrook Rd E

Easter Teaches Us Not to Worry

By Wayne Vanderwoude

Remember this song? “Don’t be a doubting Thomas, trust fully in His promise - why worry when you can pray?”

Is it O.K to worry or doubt at times? Thomas, a disciple of Jesus, was a bit of a worry wart, even a pessimist at times. When Jesus was arrested in the Garden of Gethsemane, Thomas was worried and fled for his life. On Good Friday he watched at a distance as Jesus was nailed to the cross at Golgotha. As Jesus' life drained away, so did Thomas' hope. Thomas became disillusioned, hurt and even bitter. Later, when the other disciples looked for Thomas to tell him that Jesus had risen from the dead and was alive and that He had appeared to them, Thomas did not believe them.

Thomas was eventually able to see the nail marks in Jesus' hands and put his hands into his side and only then did he cry out, “My Lord and my God!” (John 20:28). What a confession!

Jesus replied, "Because you have seen me, you have believed. Blessed are those who have not seen and yet have believed" (John 20:29). So, is it O.K to doubt? As Christians and as sinners we often doubt. There are many examples in the Bible of people who believed in God and yet at times doubted.

We are weak but God is strong. We need to listen to His Word and to pray continually and ask God to help strengthen our faith. We cannot do this on our own and for this we can be thankful. We would most certainly fail. It is by God's grace and his work in us that we will remain faithful.

"I am the resurrection and the life? Jesus said. “He who believes in me will live, even though he dies, and whoever lives and believes in me will never die" (John 11:25-6).

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<http://www.trinitycanrc.org>

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